



CAFE

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## BREAKFAST

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Smoked Salmon & Scrambled Eggs with Hollandaise Sauce (E)(D)(F)(N)(G) Served on granary toast	£8.50
Scrambled Eggs (E)(D)(N)(G) Served on granary toast	£5.50
Poached Eggs & Avocado (E)(N)(G) Served on granary toast with a wedge of lime	£7.50
Hungry Guest Bacon Bap (G)(D)	£4.25
Hungry Guest Sausage Bap (G)(D)	£4.25
Granary / White Toast (G)(D) 2 slices served with butter and jam	£2.00
Granola & Natural Greek Yoghurt (D)(G)(N) Served with a raspberry coulis	£3.95
Porridge (G)(D) Served with honey and blueberries	£3.95
Toasted Bagel with Smoked Salmon & Cream Cheese (G)(D)(F)(N) Served with a lemon wedge	£4.95

During busy periods we will stop serving eggs from 12.30pm

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

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# CAKES & PASTRIES

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### Homemade Cakes

- Lemon, Almond & Polenta Cake (GF)(E)(N)	£3.95
- Carrot Cake (G)(E)(D)(N)	£3.95
- Apple & Blackcurrant Cake (G)(E)(D)(N)	£3.95
- Chocolate Cake (G)(E)(D)(N)	£3.95
- Greek Baklava (G)(D)(N)(Se)	£3.95
- Coffee Cake (G)(E)(D)(N)(S)	£3.50
- Red Velvet Cake (G)(E)(D)(N)	£3.50

### Slices & Bars

- Pecan Slice (G)(E)(D)(N)	£3.95
- Chocolate Brownie (G)(E)(D)(N)	£2.95
- 'More Food' All Butter Flap Jack (G)(D)(N)	£2.30
- Rainbow Cookie (G)(D)(S)(E)(N)	£1.95
- Chocolate Brownie Cookie (G)(D)(E)(N)	£1.95
- Biscotti (G)(D)(N)	£1.50

### The Hungry Guest Bakery Pastries

- Plain Croissant / Almond Croissant (G)(D)(E)(N)	£1.80
- Pain Au Chocolat / Pain Au Raisin (G)(D)(E)(N)	
- Palmier (G)(D)(N)	

### Scones & Tea Cakes

- Toasted Teacake with Jam & Butter (G)(D)(N)	£2.95
- Warm Scone (plain or fruit) with Jam & Butter (G)(D)(N)	£3.95
- Cheese Scone with Chutney & Butter (G)(D)(N)	£3.95
- Warm Giant Cheese Straw (G)(D)(Mu)(N)	£2.50

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## COFFEE

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Small Batch Coffee - roasted and blended in Brighton

All available Decaf. All milks & soya milk available

Cappuccino	Reg. £2.60 / Large £2.90
Mocha	Reg. £2.60 / Large £2.90
Americano	Reg. £2.60 / Large £2.90
Latte	Reg. £2.60 / Large £2.90
Flat White	£2.60
Cortado	£1.60
Macchiato	£1.60
Espresso Single	£1.60
Espresso Double	£1.95
Greek Coffee	£2.90
Served in a Briki Pot with a sweet treat (N)(P)(Se)	
Syrups	£0.40
Vanilla, Caramel, Hazelnut, Gingerbread	

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## HOT CHOCOLATE

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Hot Chocolate (D)	Reg. £2.50 / Large £2.95
Hot Chocolate with marshmallows & whipped cream (D)	£3.25

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### COLD DRINKS

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Southdowns Still or Sparkling Water	£1.50
Folkington's	£1.95
- Pink Lemonade	
- Apple Juice	
- Orange Juice	
- Elderflower Presse	
- Ginger Beer	
Coke & Diet Coke	£2.00
Milk Shakes (D)	£3.50
- Vanilla	
- Chocolate	
- Strawberry	
Vivalicious	£2.95
- Switch On Fruit Drink	
Spirulina, Lemon, Orange, Apple, Banana, Passion Fruit	
- Kick Start Smoothie	
Baobab, Banana, Mango, Pineapple, Apple, Passion Fruit	
- Chill Out Fruit Drink	
Blueberry, Apple, Raspberry, Pomegranate, Dragon Fruit, Lemon	

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## TEA

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Tea Forté - gourmet whole leaf tea in a pyramid silken infuser bag.  
All milks and soya milk available

English Breakfast / English Breakfast Decaf	£2.25 per pot
Earl Grey	£2.25 per pot
Green Tea (Sencha Green)	£2.25 per pot
Chamomile & Citron	£2.25 per pot
Chamomile blossoms & rose hips, balanced with lemongrass & mint	
Moroccan Mint	£2.25 per pot
Refreshing nana mint blended with Chinese gunpowder green tea	

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# DRINKS

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	175ml Glass	Bottle
<b>WHITE</b> Henri Nordoc Chardonnay, France	£5.00	£20.00
<b>RED</b> Casa Azul 'Valle Central' Merlot, Chile	£5.00	£20.00
<b>ROSÉ</b> Henri Nordoc Rosé Cinsault, France	£5.00	£20.00
<b>PROSECCO</b> Cantina Bernardi, Italy	£6.00	£28.00
<b>BEER &amp; LAGER</b>		
- Corona Extra Pale Lager		£4.95
- Peroni Nastro Azzurro		£4.50

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## SANDWICHES

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Homemade Sandwiches	£6.95
Served on granary bread with a salad garnish	
- Smoked Salmon, Cream Cheese & Rocket (G)(D)(F)(N)	
- Prawn & Crab Mayonnaise (G)(F)(Cr)(N)(E)	
- Tuna Mayo & Salad (G)(F)(D)(E)(N)	
- Ham, Cheese & Salad (G)(D)(N) with a gherkin (M)	
Chicken Caesar Wrap (G)(D)(E)(F)(N)	£6.95
Served with a crispy salad	
Tomato, Mozzarella & Pesto Panini (G)(D)(N)	£7.50
Brie, Cranberry & Bacon Panini (G)(D)(N)	£7.50
Cheese Toastie (G)(D)(N)	£6.95
Served with a leaf salad	
Ham & Cheese Toastie (G)(D)(N)	£6.95
Served with a leaf salad	
Pipers Crisps	£0.90
Anglesey Sea Salt (GF), Cheddar & Onion (D)(GF), Salt & Vinegar (GF)	
Manns Specialty Cheese on Toast (G)(D)(N)	£6.95
Served on ciabatta bread	

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### SALADS & PIES

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Greek Spanakopita - Spinach & Feta Filo Pastry Pie (G)(D)(N)(V) Served with a leaf salad	£8.00
Smoked Chicken Breast & Avocado Salad (GF)	£7.95
Homemade Sausage Roll with Fresh Sage & Caramelised Onions (G)(D)(N)(Se) In a short crust pastry with sesame seeds, served with a salad garnish and chutney	£4.95
Calzone with Ham, Cheddar, Mozzarella, Tomato and Pesto (G)(D)(N) Served with salad	£8.50
Soup of the Day Please see board	£6.00

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## CHILDREN'S MENU

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Homemade Sandwiches	£3.50
Served on white bread with a handful of crisps & a cherry tomato	
- Ham & Cheese (G)(D)	
- Cheese (G)(D)	
- Marmite (G)(D)(C)	
- Jam (G)(D)	
Cheese Toastie (G)(D)	£3.00
Served with a handful of crisps & a cherry tomato	
Ham & Cheese Toastie (G)(D)	£3.50
Served with a handful of crisps & a cherry tomato	
Ella's Kitchen	£1.50
- The Green One	
- The Red One	
Bear Yoyo Fruit Rolls	£1.00
- Mango	
- Raspberry	

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